



# Does food allergy follow you wherever you go?

## You may qualify for a clinical study.

This fact sheet provides an overview of the Harmony food allergy study, now enrolling participants between the ages of 4 and 55 years old.

### What is the Harmony Study?

This clinical study is enrolling participants to test a type of oral immunotherapy (OIT) with an investigational drug called ADP101 that contains 15 food sources.

Pharmaceutical companies use clinical research studies like this one to learn more about investigational drugs before they can be approved by the US FDA to be prescribed by a doctor.

### What is OIT?

- OIT involves exposing somebody with food allergy to the food source(s) that cause their allergic reactions
- OIT starts by taking very small amounts of the food source(s), and over time the amount is slowly increased until a target dose is reached and can be maintained
- The goal of OIT is to make the person less sensitive to the food(s) that cause their allergic reactions
- A doctor oversees the OIT process

### What is the purpose of this study?

The main purpose of this study is to learn how well ADP101 works to treat food allergy and how safe ADP101 is compared with placebo.

### Who can participate in this study?

To be eligible for this study, a person must be:

- 4 to 55 years of age
- Diagnosed with food allergy to at least one of the following: peanut, tree nuts (almond, cashew, hazelnut, pecan, pistachio, walnut), wheat, cow's milk, chicken's egg, codfish, salmon, shrimp, sesame seed and/or soy
- Able to commit to the study visit schedule

This is not a complete list of study requirements. The study doctor will review the full requirements for this study with potential participants (and their parents).

### How long will this study last?

Participants will:

- be in this study for approximately 15 months
- will have at least 19 doctor visits
- receive 15 or more phone calls from the study team to check in

### What are the costs of taking part in this study?

Participants will receive the study drug at no cost and will not be charged for any study doctor visits, laboratory work, tests, or procedures that are needed for the study.

### What can participants expect by taking part in this study?

Study participants will be expected to:

- Follow all study procedures and instructions
- Take the study drug (either ADP101 or placebo) daily as directed
- Attend all scheduled visits to the study site approximately every 2 weeks. Some of the required study procedures include:
  - food challenges
  - physical exams
  - lab tests
  - completing questionnaires
- Download a smartphone application to complete a daily electronic diary
  - A device will be provided to participants who don't have one
- Continue to avoid all foods that cause their allergic reactions

### What will happen when the Harmony Study ends?

- The study doctor will tell the participants whether they were taking ADP101 or placebo
- The study doctor will see if participants are eligible to continue into a new study where all participants will receive ADP101 with no placebo
- It will be the participant's choice to be in this new study
- Participating in the Harmony Study does not guarantee that participants will be eligible to continue into the new study
- Participants who do not continue into this new study will stop study drug once they finish the Harmony Study.



Please visit [FoodAllergyStudy.com](http://FoodAllergyStudy.com) for more information.